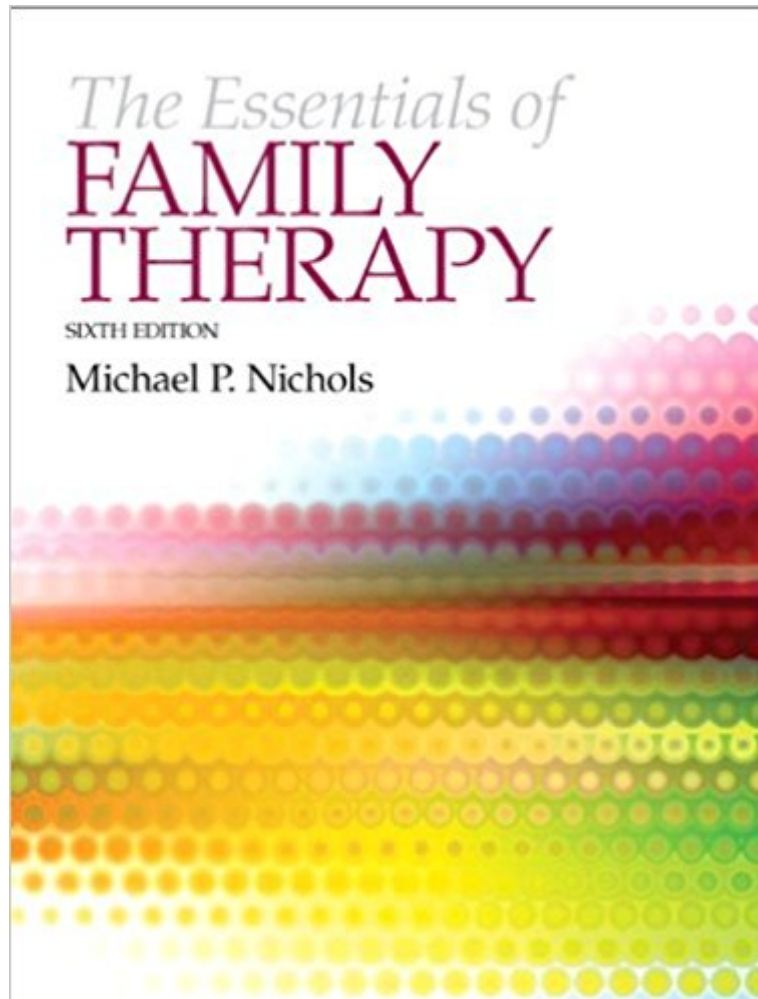


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# The Essentials Of Family Therapy (6th Edition)



## Synopsis

Illustrates family therapy techniques. With its clinical focus and extremely practical presentation, *The Essentials of Family Therapy*, 6/e examines the rich history, classic schools, and latest developments in family therapy. The sixth edition is edited to focus more on the contemporary clinical practice and case studies illustrating family therapy techniques. Written by a leading family therapist, descriptions of the various models are based on actual experience.

**Learning Goals** Upon completing this book, readers will be able to: Utilize various family therapy techniques. Recognize the techniques of successful contemporaries in the field. Understand why research has failed to influence clinical practice.

## Book Information

Paperback: 336 pages

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Average Customer Review: 4.3 out of 5 stars See all reviews (59 customer reviews)

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## Customer Reviews

I am currently taking a Family Therapy course and I mistakenly bought this book. After buying the required text and examining the two, I decided that this one was a "keeper." The authors are practitioners in the field who have accumulated years of wisdom and knowledge about how the family functions. They do an excellent job of presenting the major treatment paradigms, without injecting their own biases into the explanation. I found this book to be immensely readable, and easy to digest and apply. I have been using this book more than the required text for the simple reason that it is very well organized, the theoretical presentations well thought out, and the writing style is warm and engaging. I definitely recommend this book. No way I will resell this one.

This is a clear, concise and informative text that outlines the fundamentals of family therapy. The title accurately describes the text. A must for those who are entering into family therapy!

This was one of the required texts for my Advanced Theory class in Marriage and Family Therapy. I actually read this one cover to cover! I was pleased with the level of detail and clear and concise way each of the major theories were presented. Each chapter contains several case studies used to illustrate the various concepts and interventions that distinguish each of the approaches. In addition to learning the origins of the field from Bowen, Satir, and Minuchin, the newer solution-focused and narrative approaches are included as well plus a discussion on intergrating approaches into a unique, cohesive, and meaningful approach. I found this book to be more insightful than my introduction to theory text and recommend it to anyone interested in learning more about marriage and family therapy.

Great book. I love the easy and clear read. Everything is well organized into each section. There is enough information on all types of therapy with the family. The only thing is that it's an expensive book. I rented mine...and wished I had more money to buy mine. When I have more money I might consider buying myself a copy of this. Highly recommend for Beginners and people that are rusty in this practice.

I'm currently taking Addicted Family Intervention, and I just love this book. It is well written, and it get's to the point quickly. The chapters are not long, and I really have learned a lot in the first few chapters. I feel like the author is giving me the information standing right in front of me, he put this textbook together with his passion for the profession. I rented the book, but if the price greatly decreases, I will buy a copy for a reference guide for future use.

Wonderful book! Very concise and informative. Easily readable and understandable. Practically designed chapters. A real "essentials" book. I look forward to looking into other books of M. Nichlos.

It has what you need for theories, but it is like any other textbook.

Good description of different models of family therapy. Easy to understand. I would have liked to read more about practical casework, but the book is a good introduction into the subject matter.

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